Heel/Elbow Protector Instruction Guide

Foam Heel/Elbow Protector Item #'s	Color	Size
7812-02	White	Infant/Toddler
7000-01	Yellow	Small
7000-02	Blue	Medium
7000-03	White	Large
7000-04	Green	X-Large
7000-05	Beige	XX-Large

Gel Heel/ Elbow Protector Item #'s	Color	Size
7001-01	Yellow	Small
7001-02	Blue	Medium
7001-03	White	Large
7001-04	Green	X-Large
7001-05	Beige	XX-Large

Description

Heel and elbow protectors consist a foam support or a removable, pressure-reducing viscoelastic gel pad.

Objective

Heel and elbow protectors are designed to help maintain skin integrity and to assist in preventing dermal ulcers by reducing pressure, shearing and friction on the heel and/or elbow.

Instructions for Use

- 1. Make sure that the skin is free from any open wounds.
- 2. Select appropriate size for heel or elbow.
- Slip Heel and Elbow Protector over foot or arm and position contoured pad on the area to be cushioned.
- 4. The protector should fit snugly on the limb. If it appears to be too tight or too loose, choose the next appropriate size to ensure patient comfort.

Cleaning

Remove viscoelastic gel pad from pouch prior to laundering. Machine wash at temperature below 180°F. Do not use chlorine bleach. Turn item inside-out for more efficient drying. Replace gel pad after drying.



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